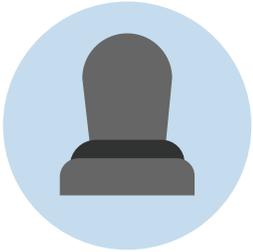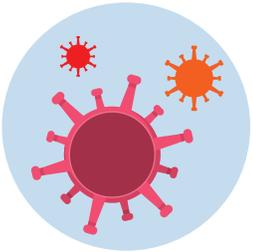# Truths about Covid-19

COVID-19 is real and people have died because of it

COVID-19 cases are **dramatically increasing** daily - The virus has **NOT** gone away

It is NOT like the flu - it is **more contagious**

You can **STILL** spread the virus and not have any symptoms

When going out in public, **wear a mask** and stay at least 6-feet away from others. Continue to **cover your mouth/face** when you cough or sneeze with your elbow or a tissue

Younger people are **getting** the virus and some are dying from lung problems, stroke and inflammatory condition which may be linked to COVID-19

Truths about Covid-19

People are **still dying** from Covid-19, especially in black/brown communities, in the prison system and amongst elderly populations

There is **NO FDA** approved curative treatment for COVID-19

Even though a COVID-19 vaccine is in process, it **will NOT** treat COVID-19 and we still have to take the virus seriously

If you fall ill for any reason, **do not delay care** or avoid going to the hospital. There is a rising number of deaths from heart attacks, strokes, and chronic medical diseases amongst people who are avoiding care for fear of going to the hospital.

Testing is **available**. The results are not 100% accurate

If you have symptoms with a negative test, continue to self **isolate for 2 weeks**
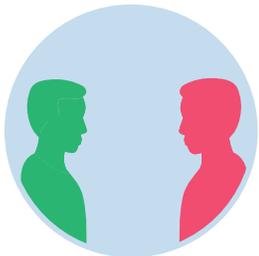
Truths about Covid-19

Do NOT take any medications for Covid-19 (like hydroxychloroquine or "Plaquenil") without speaking to your doctor first

Bleach and cleaning products should **NOT** be ingested or inhaled

Social distancing **slows** the spread of Covid-19

Continue to **wash** your hands frequently

There are **many** conspiracy theories out there. Please talk to your doctor or visit a trusted source of information: CDC, WHO, IMANA **(https://imana.org/covid-19)**