



# Medicine in Turbulent Times

**Islamic Medical Association of North America**  
50th Annual Convention and Scientific Assembly  
*On Mediterranean Cruise*

**IMANA CME**



ACCME Accredited With Commendation

**IMANA CME presents 8 Hours of  
AMA PRA CATEGORY 1 CREDIT(S)<sup>TM</sup>**

**July 23rd - July 30th, 2017**

# Medicine in Turbulent Times

## DATES & TIMES:

**Monday, July 24, 2017**

5:30pm - 8pm

**Wednesday, July 26, 2017**

7:30pm - 9pm

**Saturday, July 29, 2017**

8am - 12pm

## LOCATION:

**Deck Two**

**Conference Center  
Deck Two**

## ACCME ACCREDITATION STATEMENT

"The Islamic Medical Association of North America (IMANA) is accredited by the Accreditation Council for Continuing Medical Education to present continuing medical education programs for physicians. IMANA designates this program for 8 credits in AMA PRA Category 1 Credit(s)™ of the Physicians Recognition Award of the American Medical Association. Each physician should claim credit only for time actually spent in the educational activity."

## CME COMMITTEE



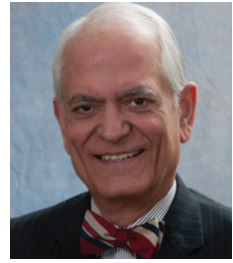
**Ayaz Samadani, MD**  
Chair



**Labib Syed, MD**  
Co-Chair



**Abida Haque, MD**



**Khalid J. Qazi, MD**



**Husain Nagamia, MD**



**Sheik Hasan, MD**



**Akrama Hashmi,**  
CME Secretary



## History of IMANA CME

The Islamic Medical Association of North America (IMANA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) as a provider of continuing medical education. The ACCME employs a rigorous, multilevel process for evaluating institutions' continuing medical education programs according to the high accreditation standards adopted by all seven ACCME member organizations. These organizations, which represent the profession of medicine, are: the American Board of Medical Specialties; the American Hospital Association; the American Medical Association; the Association for Hospital Medical Education; the Association of American Medical Colleges; the Council of Medical Specialty Societies; and the Federation of State Medical Boards of the US Inc. You can learn more about the ACCME by visiting their website at <http://www.accme.org>.

IMANA offers live CME activities, including courses, conferences, and workshops, taking place at a specified date, time and location. IMANA's long-standing commitment to offering quality continuing medical education for physicians and healthcare professionals supports our mission to optimize patient care. To this end, our programs are designed to engage learners in interactive learning sessions; provide the most up-to-date information and strategies; and develop or enhance skills that may be applied in clinical practice, research, or teaching.

**Ayaz Samadani, MD**  
CME Chair 2017



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## CME Schedule

### Monday, July 24, 2016

5:15 pm - 5:30 pm	<b>Moderator's Opening Comments</b> Drs. Ayaz Samadani, Asif Malik
5:30 pm - 6:15 pm	<b>Opioid Prescribing Guideline</b> Ayaz Samadani M.D.
6:15 pm - 6:30 pm	<b>Q&amp;A session</b>
6:30 pm - 7:15 pm	<b>Quiz on Opioid talk</b>
7:15 pm - 7:45 pm	<b>Reverse Bias in Healthcare</b> Shahim Etezadi Amoli, M.D.
7:45 pm - 8:00 pm	<b>Q&amp;A session</b>

**Total Hours: 2.5**

### Wednesday, July 26, 2016

7:15 pm - 7:30 pm	<b>Moderator's Opening Comments</b> Drs. Ayaz Samadani, Asif Malik
7:30 pm - 8:00 pm	<b>Chiropractic Care:</b> <b>An Unconventional way of approaching health care</b> Irum Tahir M.D.
8:00 pm - 8:15 pm	<b>Q&amp;A session</b>
8:15 pm - 8:45 pm	<b>Use of Low Carbohydrate Diets in Management of Insulin Resistance</b> Seema Munir M.D.
8:45 pm - 9:00 pm	<b>Q&amp;A session</b>

**Total Hours: 1.5**

## CME Schedule

### Saturday, July 29, 2016

7:45 am - 8:00 am	<b>Moderator's Opening Comments</b> Drs. Ayaz Samadani, Asif Mailk
8:00 am - 8:25 am	<b>Treatment of Anxiety disorder</b> Syed Ahmed M.D.
8:25 am - 8:50 am	<b>Secondary Stroke Prevention:</b> <b>a Global issue that needs a global solution</b> Shaneela Malik M.D.
8:50 am - 9:10 am	<b>Q&amp;A session (Panel Discussion)</b> Drs. Syed Ahmed, Shaneela Malik
9:10 am - 9:25 am	<b>Break</b>
9:25 am - 9:50 am	<b>Clinical informatics and its impact on the field of healthcare and practicing physicians</b> Nabile Safdar M.D.
9:50 am - 10:15 am	<b>Imaging Back Pain – Essential Principles for Clinicians</b> Aizaz Shaikh M.D.
10:15 am - 10:30 am	<b>Q&amp;A session (Panel Discussion)</b> Drs. Nabile Safdar, Aizaz Shaikh
10:30 am - 10:40 am	<b>Break</b>
10:40 am - 11:05 am	<b>Robotic Assisted Minimally invasive Surgery</b> Arif Ahmad M.D.
11:05 am - 11:30 am	<b>Current Update on Facial and Body volume reduction</b> Khalique Zahir M.D.
11:30 am - 11:55 am	<b>Lumbar Spinal Disorders</b> Muwaffak Abdulhak M.D.
11:55 am - 12:15 pm	<b>Q&amp;A session (Panel Discussion)</b> Drs. Arif Ahmad, Khalique Zahir, Muwaffak Abdulhak

**Total Hours: 4**



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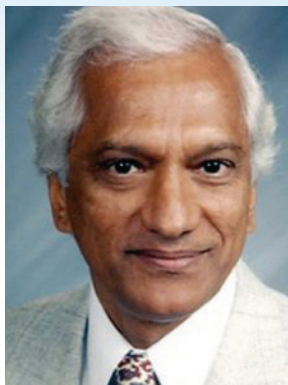
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### Ayaz Samadani, M.D.

Dr. Samadani has been a family practitioner since 1971; he is the past member of Board of Trustees Physician Insurance Company of Wisconsin and member Claims & Underwriting Committee, Chair Continuing Medical Education Committee, Pro Assurance Medical Liability Publically traded NY Firm. He has received board certification in Tropical Medicine and Hygiene from the School of Tropical Medicine in Liverpool, UK, in 1967, and certification in Child Health from the Royal College of Physicians and Surgeons in London, UK, in 1968.



### Arif Ahmad, M.D.

Dr. Ahmad Is the Director of Bariatric Surgery Center of Excellence, Director of Robotic Surgery, and Director of Bariatric and Metabolic Weight Loss Center at John T. Mather Memorial Hospital. He is a Clinical Assistant Professor of Surgery and Attending General and Bariatric Surgeon at Stony Brook University School of Medicine. He is also the Attending Surgeon at John T. Mather Memorial Hospital and St. Charles Hospital. He is Board Certified by American Board of Surgery.



### Khalique Zahir, M.D.

Dr. Zahir earned his medical degree from West Virginia University School of Medicine and completed his surgical training at St. Mary's Hospital, affiliated with Yale University. Dr. Zahir completed his Cosmetic and Plastic Surgery training at Vanderbilt University, he is Board Certified by the American Board of Plastic Surgery and the American Board of Surgery, completed continuing medical education requirements; including patient techniques. Dr. Zahir is a cosmetic and reconstructive plastic surgeon with a focus on areas of the face, and body rejuvenation performing both office-based and hospital-based contouring procedures.



### Aizaz Shaikh, M.D.

Dr. Shaikh is an Assistant Professor of Clinical Imaging Sciences at the University of Rochester School of Medicine and Dentistry. He was born and raised in Upstate New York. He completed his undergraduate at the University of Rochester. He then received a Masters and MD at the Chicago Medical School at Rosalind Franklin University. After completing a surgical Internship at Northwestern University, he went on to finish his radiology residency at the Rochester General Hospital where he was the chief resident in his last year. He then completed a MRI fellowship (Neuro, MSK, Body) at University Medical Imaging/University of Rochester.



### Nabile M. Safdar, M.D.

Dr. Nabile M. Safdar believes that technology can be leveraged to continuously improve the quality of health care delivery and communication. This belief motivates his work as Associate Chief Medical Information Officer of Emory Healthcare and the Vice Chair or Imaging Informatics of the Department of Radiology and Imaging Sciences. Safdar completed his Imaging Informatics and Musculoskeletal Imaging at the University of Maryland in Baltimore, MD. He is board certified in diagnostic radiology and pediatric radiology by the American Board of Radiology and in clinical informatics by the American Board of Preventative Medicine.



### Shahin Etezadi-Amoli, M.D.

Dr. Sea is a Board Certified pediatrician, former assistant professor at Baylor College of Medicine, in Houston. At present, she is doing Locum Tenens in Dallas, Texas. She has had many years of pediatric practice and directorship of different pediatric primary care centers in Houston and Dallas Texas. She also has had spiritual training such as Reiki energy therapy, Silva Mind and Body Healing, and Neuro-Linguistic Programing (NLP). She is a Reiki Master and an NLP Master Practitioner. She has had presentations and papers in Pediatrics as well as different health issues as it pertains to Islam



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### **Irum Tahir, M.D.**

Dr. Irum Tahir earned her Doctor of Chiropractic degree from New York Chiropractic College. She has worked with public and private organizations in inner-city New York and rural Pakistan to improve health conditions through education. Dr. Tahir has worked in the countries of Madagascar and India as an extension faculty member of Palmer College of Chiropractic in bringing Chiropractic to thousands of individuals who are less fortunate. Shortly after graduating from Chiropractic College, Dr. Irum Tahir transformed her solo practice into a multi-disciplinary wellness center. She was honored as one of the top 100 Entrepreneurs under 30 years of age in the US by the Kauffman Foundation and the Obama administration. She was also honored at the White House and was chosen to speak on Entrepreneurship. High Point Chiropractic Wellness was honored at the United Nations as a top American business run by an Entrepreneur under the age of 35. Dr. Tahir speaks on business success, growing a multidisciplinary practice, integrating Chiropractic and Medicine as well as managing teams in the workplace.



### **Syed Ahmed, M.D.**

Dr. Ahmed is board certified in General Psychiatry and Addiction Psychiatry. He is the Medical Director at New Dimensions Partial Hospital and Bay Area Recovery Center Private Practice of Psychiatry. He earned his medical degree from Osmania Medical College.



### **Seema Munir, M.D.**

Dr. Munir is Board Certified in Family Medicine and Certified by American Board of Obesity Medicine. Her specialty is Bariatric and Family Medicine, teaching, women's health, preventive medicine and medicine in underprivileged communities. She currently practice medicine at St. Joseph's Medical Center in Phoenix, Arizona.



### **Shaneela Milak, M.D.**

Dr. Malik graduated from Wayne State University School of Medicine and completed a residency in Neurology at Henry Ford Hospital in Detroit. She continued her education by completing a two-year Vascular Neurology Fellowship at the University of Virginia in Charlottesville. She currently holds a position as senior neurology staff at Henry Ford Hospital in Detroit and is a part of a five-person stroke team. She has several publications and abstracts pertaining to strokes. Her current research interests include stroke recovery and moyamoya disease.



### **Muwaffak M. Abdulhak, M.D.**

Dr. Abdulhak graduated from the Univ of Aleppo, Fac of Med, and Aleppo, Syria in 1988. He works in Detroit, MI and specializes in Surgery, Neurological and Neurology. Dr. Abdulhak is affiliated with Henry Ford Hospital. Dr. Abdulhak won the award best doctor in America many times.



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# IMANA Umrah & CME

ISLAMIC MEDICAL ASSOCIATION  
OF NORTH AMERICA

*Save The Date*

December 26th, 2017 - January 2, 2018

Registration and more information coming soon.  
[imana.org](http://imana.org)



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