WHY DO MUSLIMS NEED IT?

2nd WAVE

Often more deadly than the 1st because of complacency & risk taking



MORE AFFECTED

Lower socio-economic & vulnerable group disproportionately impacted. We must protect them

UNIQUE FEATURES

We have a few unique features e.g. multi-generational households, mosques and socio-economic disadvantages

3 HADITHS TO REFLECT



1. The Prophet said, "A believer should not be stung twice from the same

Between the lockdown being eased and a COVID-19 vaccine, we are at increased risk of a 2nd wave. We must protect ourselves and learn to live the "new normal" life until a vaccine is developed.

2. The Prophet said, "There is no wisdom equal to good

We must plan to protect high risk groups and protect the most vulnerable members of our communities.



3. The Prophet was walking around the Kaaba and said, "The sanctity of a believer's blood and property in the sight of Allah is greater than your (the Kaaba)

Post-lockdown & pre-vaccine, we must ensure our lifestyles and decisions do not endanger the safety & lives of others. Stick to activities that would prevent a 2nd wave.

For Muslim Individuals



AVOID TOUCHING

Door handles, trolleys etc..



6 feet apart at all times



CLEAN PHONE

Keys & other objects we touch regularly



NO HANDSHAKE

Say salaam verbally with hand on heart



WEAR MASKS

When going out or cover with cloth or scarf



WASH HANDS

Regularly for 20 seconds



AVOID VISITING

Sick people unless allowed by Doctors

HIGH RISK

If you are >65 years old or have illnesses that make you high risk, continue to self-isolate

All information here is general advice and should be applied in context and with the input of local medical experts and scholars

For Muslim Communities

SAFE BURIALS

Continue with COVID protocol ghusl, limited to immediate non-isolating family members



ONLINE MEETINGS

Avoid physical meetings



RESTAURANT

Takeaway service rather than dine in



AVOID TRAVEL

Unless absolutely necessary



NO CASH

Use card payments if possible



SMALL CELEBRATIONS

Weddings etc... limited to immediate family only



SHOPPING

Once a week max Try online shopping

CHOOSE YOUR BUBBLE

Decide on which small group of people (ideally family) will interact with each other

For Mosques

COVID SAFETY OFFICER

A volunteer entrusted to ensure compliance with safety rules



DOORS OPEN

Separate entrance & exit + open doors



WUDHU AT HOME

To avoid touching the taps



ONLINE CLASSES

and Quran classes to remain if possible



DO NOT COME!

If you are high risk, sick, live with a high risk person or a frontline healthcare worker seeing patients



OWN PRAYER MAT

To avoid touching Mosque carpet



MARK SPACES

6 feet apart in ALL directions with tape



MOSQUE TIMES

Short opening times + extra prayers at home

All information here is general advice and should be applied in context and with the input of local medical experts and scholars

10 Steps For Mosques

When the decision is made by Mosque Administrators to reopen. Here are 10 steps to improve safety in post-lockdown, pre-vaccine period if Mosques re-open



DO YOU FEEL IT IS SAFE?

If your committee does not feel it is safe, then you are under no obligation to open



WUDHU AT HOME

To avoid touching the taps please do wudhu at home



COVID SAFETY OFFICER

Ideally each Mosque should have volunteer who ensures compliance with safety advice



MARK SPACES

Mark 6 feet gaps clearly in all directions using tape or other means, not just between rows





DO NOT COME!

If you are high risk or live with someone who is, if you are sick or see patients



OWN PRAYER MAT

From home to avoid touching Mosque carpet.
Also bring own Quran/ use
App ___







LIMITED TIMES

Shorten opening times + sunnah at home



ONLINE CLASSES

If possible, we advise classes & Quran classes to remain online





DOORS OPEN

Use door stop so no touching of door handles. Try different entrance/ exits



FINANCIAL STABILITY

Consider starting campaign to donate money to Mosque for financial stability

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Who can go to the Mosque?

Are you a high risk person or living with a high risk individual?

Over 70 years old, frail or has any of the following conditions: chronic lung, heart, kidney, neurological or liver diseases, diabetes, problems with immune system or on immunosuppressant medication and any cancer or organ transplant

NO



Do you have any symptoms of COVID-19?

Temp > 37.8c, dry cough or flu like symptoms





Are you a frontline worker in contact with patients?

Doctors, nurses & staff working in clinical settings. Are you unable to adhere to physical distancing?





Any child under 10 years old





Is your mosque adjusting to the pandemic?

For example, ensuring physical distancing during prayer, restricting opening times etc...

YES



Prayer at Mosques may be possible, but be aware that some risk is still present

All information here is general advice and should be applied in context and with the input of local medical experts and scholars

Should I go to the Mosque?

When the decision is made by Mosque Administrators to reopen. Below is a helpful checklist to help you decide whether or not to go to the Mosque in post-lockdown, prevaccine period



If your Mosque is not taking precautions to prevent infections

If you are bringing children too young to keep physical distancing

If you belong to a high risk group or live with an individual who is high risk

If any symptoms of COVID-19 e.g. fever, cough or flu

If you are a frontline health care worker exposed to COVID-19



If your Mosque is putting in place measures to protect public

> 10 years old to ensure that physical distancing is understood and practiced

If neither you or anyone in your household belong to a high risk group

If feeling well with no symptoms

If you are not exposed to patients regularly and don't work in a clinical setting



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